

BODYCENTRAL

Physical Therapy

Sports Physical Therapy Clinical Residency Program

What is a Sports Residency Program?

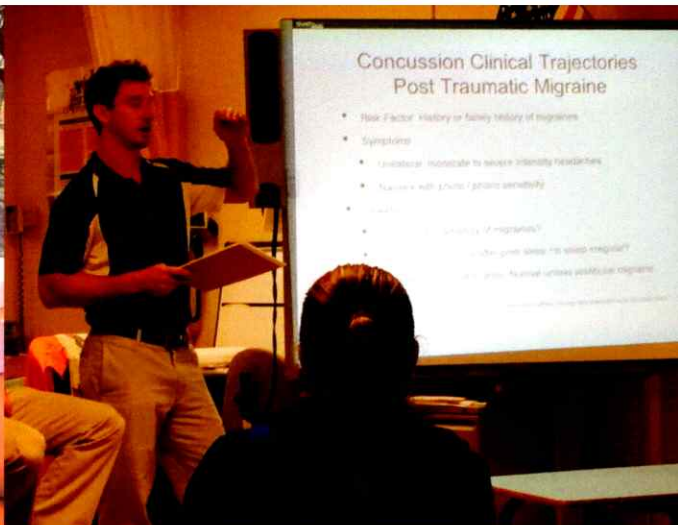
The American Board of Physical Therapy Specialties defines a Sports Clinical Residency as a planned post-professional learning experience in the area of Sports Physical Therapy. A Sports Physical Therapy Clinical Residency combines clinical mentoring by Board Certified Clinical Specialists, didactic learning opportunities, on-field emergency coverage learning opportunities, and other educational experiences. Sports Residency training prepares the Physical Therapist to pass the American Board of Physical Therapy exam in Sports Physical Therapy, ultimately receiving the SCS credential (Board Certified Sports Clinical Specialist).

About Bodycentral PT's Sports Clinical Residency

Sports Residents at Bodycentral Physical Therapy participate in a multitude of learning activities.

Among these activities are:

- ✦ Clinical mentoring by Board Certified Clinical Specialists
- ✦ Didactic learning, shadowing physicians and attending surgery
- ✦ Training room experience and on-field emergency responder experience
- ✦ Opportunity to work with high school through professional athletes
- ✦ Additional mentoring and didactic learning in Manual Therapy
- ✦ Specialty education including Running Gait Analysis, Baseball Pitcher Analysis, Video Jump Landing Evaluation, and Concussion Evaluation and Treatment
- ✦ Attending the Sports Section Team Concept Conference, and Combined Sections Meeting of APTA
- ✦ Monthly seminars presented by faculty and guest lecturers



ADMISSION REQUIREMENTS

- Licensed Physical Therapist in good standing, eligible for Arizona licensure
- APTA Member, Sports Section Member
- Completed Sports Section Emergency Responder Course

WHY CHOOSE BODYCENTRAL PT'S SPORTS RESIDENCY PROGRAM?

- **Our teaching faculty and staff team consists of:**
 - Board Certified Orthopaedic Clinical Specialists
 - Board Certified Sports Clinical Specialists
 - Board Certified Women's Health Clinical Specialists
 - Therapists with more than one Board Specialty
 - Certified Strength and Conditioning Specialists, Athletic Trainers
 - Certified Hand Therapist
 - Impact Certified Physical Therapists
- **Sports Team Experience:**
 - Soccer
 - Ballet Tucson Professional Dancers
 - Local High School and College Sports
 - Professional Mexican Baseball
 - Equestrian Events
 - Major League Baseball
 - Concussion Management

RESIDENCY REQUIREMENTS

Program is 15 months in duration

Didactic Learning

- Monthly seminars with hands-on learning labs
- Written and practical exams and skill checks
- Online educational courses
- Case reports
- Participation in journal clubs, outreach experiences
- Poster presentation/research
- Physician and surgeon shadowing and guest lectures

Mentored Learning

- 150 hours of 1:1 clinical mentorship
- 200 hours of on-field emergency responder coverage
- Additional 1:1 learning experiences with mentors

Teaching Experiences

- Guest lecturing in high schools, college and for the sports community at large

CONTACT US

For more information or an application, contact Dr. Kristen Waldron, Sports Residency Director

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