



# BODYCENTRAL

## Physical Therapy

### 2018-2019 Sports Residency Timeline (Tentative)

- July 28, 2018
  - Team Building Retreat
  - Welcome BBQ at Melissa's
- August 2018
  - Orientation: 8/1/18
  - Knee Module: 8/3/18
  - Imaging Review with Dr. Norris of SW Ortho: 8/10/18
  - Concussion Module (Kristen, Ethan, Anne Vestibular, Tonya Cervical Screen): 8/17/18
  - Champs Baseball Screen: 8/19/18
  - Bertec Forceplate Presentation: 8/22/18
- September 2018
  - Begin Mentoring
  - Lute Olson Fantasy Basketball Camp: 9/6/18-9/9/18
  - Foot Ankle/Lower Extremity Biomechanics Module: 9/14/18
  - Blood Flow Restriction: 9/22/18
  - Running Module 9/28/18
- October 2018
  - Mexican Baseball Fiesta: 10/4/18 – 10/7/18
  - Hip/SIJ Module: 10/12/18
  - Shoulder Module: 10/26/18
  - Begin Research Project
- November 2018
  - Cervical/TMJ Module: 11/2/18
  - Special Topics Module: 11/9/18
  - El Tour de Tucson: 11/17/18
  - Team Concept Conference: 11/29/18 – 12/1/18
- December 2018
  - Thoracic/Lumbar Module: 12/7/18
  - Throwing/UE Biomechanics Module: 12/14/18 AND 12/21/18
- January 2019
  - Foundations of Dry Needling: 1/18/19 – 1/20/19
  - Combined Sections Meeting: 1/23/19 – 1/26/19
  - PBATS Conference: TBD
- February 2019
  - Residency Interviews: 2/1/19 and 2/8/19
  - Elbow, Wrist, Hand Module: 2/15/18



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- Tucson Rodeo: 2/16/19 – 2/24/19
- March 2019
  - Special Considerations for Pediatric Athlete: TBD
  - Strength and Conditioning Module – 3/22/19
  - When The Feet Hit The Ground Running: 3/30/18 – 3/31/18
- April 2019
  - Shadow with Cincinnati Reds/Josh: TBD
  - Special Considerations for Female Athlete Module: 4/12/19
- May 2019
  - Special Considerations for Tri-Athlete Module: 5/10/19
  - CI for CEI Student (Tentative)
- June 2019
  - Golfing Mechanics Module: 6/7/19
  - CI for CEI Student (Tentative)
- July 2019
  - Special Considerations for Master Athlete: TBD
  - Imaging Review: TBD
  - CI for CEI Student (Tentative)
  - Submissions for Poster/Platform Presentation for CSM 2020: Due mid-July
- August 2019
  - Assist with Module Presentations for New Residents
- September 2019
  - Assist with Module Presentations for New Residents
- October 2019
  - Assist with Module Presentations for New Residents